

Recognized by PMDC

CONTENTS

Recognized by HEC

Editorial

1. **Health Package - Eat Nuts, Live Longer?** _____ 1
Mohsin Masud Jan

Original Articles

2. **Birth related Erb's Palsy: Obstetrical correlates and Outcome** _____ 2-5
1. Roohullah Jan 2. Shadab Akhtar
3. **Fetal Biometry in Correlation with Ultrasonographic Appearance and Measurement of Epiphyseal Ossification Centres of Fetal Peripheral Long Bones for Assessment of Gestation age in the third Trimester** _____ 6-10
1. Muhammad Ishaque Channar 2. Abdul Rehman Lakho 3. Ahmed Hussain Suhag
4. **Frequency of Different Child Pug Class Presentation in Patients of Chronic Hepatitis-C and diabetes mellitus based on HBA1c** _____ 11-14
1. Mir Usman Shah 2. Khalid Shah 3. Abdul Karim Zarkoon
5. **Evaluation of Patterns of Beta Thalassaemia in Children with Microcytic Hypochromic Anemia.** 15-19
1. Saba Khoja 2. Amin Fahim 3. Nazir Ahmed 4. Muhammad Ahmed Azmi 5. Shuja Anwar Kazi
6. **Pattern of Microbes Associate to Acute Appendicitis at Liaquat University Hospital** _____ 20-23
1. Sohail Yousif 2. Parkash Ahuja 3. Jamshed Bashir 4. Muhammad Saeed Arain
7. **The Role of Fiberoptic Bronchoscopy in the Diagnosis of Unsuspected Pulmonary Disease Presenting with Hemoptysis** _____ 24-26
1. Muhammad Ashfaq 2. Ikram Ullah 3. Amjad Zahoor 4. Muhammad Ishaq 5. Israr Ahmed Akhund
8. **Wisdom Tooth Removal: Are We Following any Guidelines in Pakistan** _____ 27-30
1. Syed Ghazanfar Hassan 2. Muhammad Shahzad 3. Dawood Mirza 4. Salman Shams 5. Pareesa Aijaz
9. **Prevalence of Bacteria and Their Sensitivity to Various Antibiotics in Chronic Suppurative Otitis Media** _____ 31-33
1. Zaib-Un-Nisa 2. Qadeer Ul Hassan 3. Syed Ghazanfar Hassan 4. Salman Shams
10. **Students' Perspective of an Innovative Assessment Strategy of Anatomy** _____ 34-37
Nusrat Zareen
11. **In-House Prepared High Fat Diet (HFD) can Cause an Increase in Body Weights of Male Albino Wistar Rats in a Short Period of 2-3 Weeks** _____ 38-41
1. Sahar Mubeen 2. Imtiaz Ali Waggon 3. Soofia Nigar
12. **Increasing Tendency of "Target Killing" in Pakistan** _____ 42-45
1. Farah Hanif 2. Syed Zia-ud-Din 3. M. Amjad Bhatti 4. Abdul Hamid
13. **Pattern of Gastrointestinal (GIT) Cancer in CENAR, Quetta Balochistan Pakistan: 10 Year Review (2001-2010)** _____ 46-51
1. Hina Manzoor 2. Jamila Shuja 3. Zahid Mahmood 4. Hafiz Khushnaseeb Ahmad
5. Khwaja Ajmal Mustafa
14. **Pulmonary Infections caused by Nocardia Species in Patients with Chronic Obstructive Pulmonary Diseases** _____ 52-56
1. Muhammad Noman Rashid 2. Muhammad Asif Memon 3. Shazia Shakoor 4. Beenish Noman
15. **Correlation of Advanced Glycation End Products (AGEs) with the Level of Alanine Amino Transferase (ALT) and Aspartate Amino Transferase (AST) Enzymes in Chronic Diabetic Patients** _____ 57-60
1. Rabbiah Manzoor Malik 2. Sajida Bano 3. Rafique Ahmed
16. **Early Stage Ingrown Toe Nail & role of conservative treatment- An experience at Sukkur** _____ 61-63
1. Azhar Ali Shah 2. Khush Muhammad Sohu 3. Shahid Hussain Mirani 4. Bushra Shaikh
17. **Fetal Biometry in the Third Trimester; Local Perspective** _____ 64-68
1. Ahmed Hussain Suhag 2. Muhammad Ishaque Channar 3. Abdul Rehman Lakho
18. **Ultrasonographic Appearance and Measurement of Epiphyseal Ossification Centres of Fetal Peripheral Long Bones for Assessment of Gestation Age** _____ 69-73
1. Saba Suhail 2. Muhammad Ishaque Channar 3. Abdul Haleem Shaikh 4. Abdul Rehman Lakho
5. Ahmed Hussain Suhag

19. **Simultaneous Repair for Complicated/Complex Vesicovaginal Fistula** _____ 74-77
1. Muhammad Ali Suhail 2. Abdul Rasheed Shaikh 3. Fozia Kashif
20. **Frequency of Clinical Manifestations, in Cases of Liver Abscess in Hospital Based Study.** 78-81
1. Syed Khalid Shah 2. Abdul Kabir Kakar 3. Abdul Karim Zarkoon
21. **Effectiveness of Core Stabilization Exercises versus Mckenzie's Exercises in Chronic Lower Back Pain** _____ 82-85
1. Shahzad Ali 2. Syed Murtaza Ali 3. Khalida Naz Memon
22. **Significance of Hypercholesterolemia in Hypothyroid Patients** _____ 86-88
1. Abdul Qavi 2. Ghulam Nabi Khokhar 3. Amjad Zahoor 4. Israr Ahmed Akhund 5. Muhammad Ishaq
23. **Relationship Between Religious Orientation and Depression** _____ 89-91
1. Hina Akram 2. Sajida Bano. 3. Rafique Ahmed
24. **Frequency of Bronchogenic Carcinoma in Smoker Patients with Hemoptysis Undergoing Fiberoptic Bronchoscopy** _____ 92-95
1. Said Muhammad 2. Ikram Ullah 3. Mohammad Ashfaq 4. Muhammad Ishaq 5. Israr Ahmed Akhund
25. **Prevalence of Vitamin D Inadequacy among Postmenopausal Women** _____ 96-99
1. Shadab Akhtar 2. Roohullah Jan

Corrigendum

26. **The Effects of Acute and Chronic Noise Stress on the Body Weight of Male Albino Rats** _____ 95
27. **Increased Risk of Preterm Birth in Anemic Pregnants** _____ 99