**Original Article** 

# Increasing Trend of Domestic Violence with Women in Pakistan

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#### **ABSTRACT**

**Objective**: To study the increasing trend of domestic violence with women in Pakistan.

Study Design: Retrospective study

**Place and Duration of Study:** This study was carried at Emergency Departments of four hospitals namely Services Hospital, Lahore, Shahina Jamil Hospital Abbottabad, Gangaram Hospital Lahore and Mayo Hospital Lahore from 1st January 2012 to 31 May 2013.

**Materials and Methods:** The cases of domestic violence with women were selected from aforementioned hospitals. The data was collected on proforma ad analyzed for results.

**Results:** In our study the incidence of Domestic violence with women was maximum at the age of 21 - 30 years (33%) and minimum at the age of 71 - 80 years as show in Table No.1. The incidence was maximum with house wife (25 %) and minimum in wives of business man (0.5 %) as shown in Table No.2 The incidence of Domestic violence with women was 56 % in lower class, 34 % in middle class in 20 % in high gentry as shown in Table No 3. Addict member of family had 83 % incidence Domestic violence with women of and 17 % in non addict people as shown in Table No 4. The incidence of Domestic violence with women was 73 % in unmarried and 27 % in married as shown in Table No 5.

The incidence of Domestic violence with women was 83 % in people having mental / physical sickness as compared to healthy people (17 %) as shown in Table No 6. The incidence of Domestic violence with women was 37 % in literate people and 63 % in illiterate people as shown in Table No 7. The incidence of Domestic violence with women was high 67 % in couples living in joint family system as compared to couple living in non joint families (33 %) as shown in Table No 8 The trend of Domestic violence with women was 67 % in rural area and 33 % in urban area as shown in table No.9

**Conclusion:** The tendency of domestic violence with women is a global problem It is increasing day by day in developed / under developed countries and nations. This trend is even going to be increased even in Muslims countries where domestic violence with women is prohibited (Haraam).

Key Words: Domestic violence, Psychological, economical, mental / physical sickness and joint family system.

#### INTRODUCTION

Recently many social scientists have paid their attention towars the issue of violence agginst women, not only in the developed but also in the developing world.<sup>[01]</sup> Feminist movements for the last three centuries have been focusing of the repressive conditions being faced women across the world but the condition of the women is still for from satisfactory and cries out for Recently feminst scholars amelioration. comtentracted on strategies to safegurad women from violence.[02] domestic Although, technological advancement. globalization, industrialization. internationalization of media and efforts made by iternational instutions, including international nongovernmental organizations have created some space for women to compete on equal footing but the situation is unfortunately still muchunsatisfactory for those women who are living in under developed nation. [03] On the other hand there are few international humanitarian organizations, which are working to eliminate this violence against them. The cumulative and even concerted efforts by struggling parties have been borns little furit and the situation still remains unpalatable and

appressive.<sup>[04]</sup> This brutal violence has different forms and multi-lateral dimensions. It waries for society to society in its maginitude and intensity.<sup>[05]</sup> Domestic violence with women is one of the major issues and practices in violence against women. According to Heise violence against women is a worldwide phenomenon, transcending cultural, geographic, religious, social and economic boundaries.<sup>[06]</sup> It has come to be recognized internationally as an important issue and has become the subject of a substantial amount of research in recent decades. The most common type of violence against women is domestic; violence perpetrated by intimate partner or expartner.<sup>[07]</sup>

In the context of Pakistan social setup violence against women has a very abnormal proprtion since the societal norms encourage and perpetuate the superiority of menfolk. Among other reasons for the deminance of the men over women, is the joint family system. <sup>[08]</sup> This stretched family yields excessive influence of the inlawa over the wife husband relations and is a substantial cause of wife degradation, wife humiliation and domestic violence with women. It is usually the mother-in –law who is the major factor in this sanguine

drama but she is all the same reinforced feudal make-up of family structure. It is very rare that mother-in-law comes to fend the disputes but most of time she igintes and sparkles vicious conflagration among spouses. He Pandora-box of complaints against her daughter-in-law is never exhausted.<sup>[09]</sup>

The factors intercating through which female are trageted in rural Punjab have specific formations.[10] The societal norms to a large extent incits the husbands to domestic violence with women. To some extant religion is also misused in perpetuating. The some extant religion is also misused in perpetuating such acts.[11] The frequency of sever domestic violence with women has resulted into a chain reaction of social malformation. The present research has unfolded disastrous, the victims have an urge to live in a unclear family rather than to live in a joint family and face such inexorable violence. In their presception and to some extent true, it minimizes the intrusions of the in-laws thus rending part the social fabric of society. While on the other hand some of these victims are thruggling to opt out of marriage contract but are faced with the dilemma of between the devil and the deep blue sea since the dissolution of such a contract is likely to result into further misfortune and complications and top of all the infliction of social stigma, that is attached to a forsakne divorce.[12]

#### MATERIALS AND METHODS

The cases of domestic violence with women were taken from Emergency Departments of Services Hospital, Lahore, Islam Teaching Hospital, Sialkot, Gangaram Hospital Lahore and Mayo Hospital Lahore.

#### **RESULTS**

In our study the incidence of Domestic violence with women was maximum at the age of 21 - 30 years (33%) and minimum at the age of 71 - 80 years as show in Table No.1.

The incidence was maximum I house wife (25 %) and minimum in wives of business man (0.5 %) as shown in Table No.2

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The incidence of Domestic violence with women was 37 % in literate people and 63 % in illiterate people as shown in Table No 7.

The incidence of Domestic violence with women was high 67 % in couples living in joint family system as compared to couple living in non joint families (33 %) as shown in Table No 8.

The trend of Domestic violence with women was 67% in rural area and 33% in urban area as shown in Table No 9

Table No.1 Domestic violence with women with relation to age

| S.No | Age     | Cases | Percentage |
|------|---------|-------|------------|
| 01   | 10 - 20 | 10    | 10 %       |
| 02   | 21 - 30 | 33    | 33 %       |
| 03   | 31 – 40 | 25    | 25 %       |
| 04   | 41 - 50 | 15    | 15 %       |
| 05   | 51 – 60 | 11    | 11 %       |
| 06   | 61 - 70 | 04    | 04 %       |
| 07   | 71 - 80 | 02    | 02 %       |
|      | Total   | 10    | 100 %      |

Table No.2 Domestic violence with women with relation to occupation

| S.No | Occupation     | Case | Percentage |
|------|----------------|------|------------|
| 01   | Students       | 07   | 07 %       |
| 02   | House wife     | 25   | 25 %       |
| 03   | Factory worker | 15   | 15 %       |
| 04   | Office worker  | 10   | 10 %       |
| 05   | Business man   | 05   | 05 %       |
|      | wife           |      |            |
| 06   | Former wife    | 07   | 07 %       |
| 07   | Laborer        | 15   | 15 %       |
| 08   | Addict wife    | 16   | 16 %       |
|      | Total          | 100  | 100 %      |

Table No.3 Domestic violence with women with relation to socio – economic status

| S.No | Socio –         | Case | Percentage |
|------|-----------------|------|------------|
|      | economic status |      |            |
| 01   | Lower class     | 56   | 56 %       |
| 02   | Middle class    | 34   | 34 %       |
| 03   | High gentry     | 20   | 20 %       |
|      | Total           | 100  | 100 %      |

Table No.4 Domestic violence with women with relation to addiction

| S.No | Addiction     | Cases | Percentage |
|------|---------------|-------|------------|
| 01   | Member of     | 83    | 83 %       |
|      | Addict people |       |            |
| 02   | Non Addict    | 17    | 17 %       |
|      | people        |       |            |
|      | Total         | 100   | 100 %      |

Table No.5 Domestic violence with women with relation to Marital Status

| Telation to Maritan Status |                |      |            |
|----------------------------|----------------|------|------------|
| S.No                       | Marital Status | Case | Percentage |
| 01                         | Un Married     | 73   | 73 %       |
| 02                         | Married        | 27   | 27 %       |
|                            | Total          | 100  | 100 %      |

Table No.6 Domestic violence with women with relation to mental / Physical Sickness

| S.No | Sickness | -      | Cases | Percentage |
|------|----------|--------|-------|------------|
| 01   | Sick     | family | 83    | 83 %       |
|      | members  |        |       |            |
| 02   | Healthy  | family | 17    | 17 %       |
|      | members  |        |       |            |
|      | Total    |        | 100   | 100 %      |

Table No.7 Domestic violence with women with relation to Literacy Status

| S.No | Literacy Status | Cases | Percentage |
|------|-----------------|-------|------------|
| 01   | Literate        | 37    | 37 %       |
| 02   | Illiterate      | 63    | 63 %       |
|      | Total           | 100   | 100 %      |

Table No.8 Domestic violence with women with relation to joint family system

| S.No | Family System           | Cases | Percentage |  |
|------|-------------------------|-------|------------|--|
| 01   | Joint family system     | 67    | 67 %       |  |
| 02   | Non joint family system | 33    | 33 %       |  |
|      | Total                   | 100   | 100 %      |  |

Table No.9: Domestic violence with women with relation to residential area

| S.No | Residential area | Cases | Percentage |
|------|------------------|-------|------------|
| 01   | Rural area       | 67    | 67 %       |
| 02   | Urban area       | 33    | 33 %       |
|      | Total            | 100   | 100 %      |

#### DISCUSSION

Domestic violence with women is a global problem and exists in both developed / under developed nations. The Domestic violence with women is going to be increased even in Muslims countries like

Pakistan, Bangladesh and Saudi-Arabia etc.<sup>[13]</sup> The battering can be decreased by observing preventive measures like.<sup>[14]</sup>

- a. Joint family system
- b. Creating awareness about human rights by seminars, religious teachings / education
- c. By providing psychological services
- d. By providing social services
- e. By providing economical services
- f. By providing treatment for mental / physical sickness.
- g. By increasing literacy rate
- h. By increasing religious teachings

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Most of the Domestic violence with women thought that it was due to the family tradition and husbands are incited or coaxed by other family members to commit such acts.<sup>[15]</sup>

Domestic violence or any other type of violence is always due to some clashes in the relationship of two or more than two individuals. Family is a basic institution of the society where all the members act as component of the system and for the smooth environment it is important that every one play his/her role positively.

The most important factor in the domestic violence in previous studies is the crucial role of mothers-in-law in Pakistan society. It is considered as extrinsic factor which abets and encourages the husband to become batterers in their houses.

The perception of divorcing has been fundamentally associated with severity of battering. Although it is thought to be course for a female to initiate for divorce, in rural Punjab. [16]

#### CONCLUSION

The tendency of domestic violence with women is a global problem It is increasing day by day in developed/ under developed countries and nations. This trend is even going to be increased even in Muslims countries where domestic violence with women is prohibited (Haraam).

**Suggestion:** The tendency of domestic violence with women can be decreased by observing following measures

- a) Non Joint family system
- b) By creating awareness about human rights by seminars, religious teachings / education

- c) By providing psychological services
- d) By providing social services
- e) By providing economical services
- f) By providing treatment for mental / physical sickness.

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